




**CYCLE COURSE DESCRIPTION:** 

Leaving the transition area turn left into Humber St, then left into Pandora Road, follow this all the way to the end and you will then turn left into the Napier-Hastings Expressway, This road narrows over the bridge so avoid passing others on the bridge, turn left into Prebensen Drive, left into Severn St, right into Thames St, left into Pandora Rd. **Years 9-10 will do 2 laps, Years 11-13 will do 3 laps .**

Please ensure you stay left at all times no drafting will be tolerated and use coned chutes