

### Course Description

From Transition, turn right into Parkhill Rd, then right into Parkhill Farm, stay on this road and this will bring you to a turn around point, keep left at all times.

### Laps

Middle Course: 1 Lap only second run leg.

Short Course: 1 Lap, both run legs.



**Scott**+ clinic

**TRI**  **HB**

**Haumoana Duathlon 2km Run Course**