

Course Description

From Transition, turn left into Parkhill Rd, after 2km left into Haumoana Rd, then left onto Tuki Tuki Rd, which returns you onto Raymond Rd. (7km)

Laps

Short Course: 2 Laps

Medium Course: 3 Laps

Long Course: 3 Laps



Scott+
clinic

TRI  **HB**

Haumoana Duathlon 7km Cycle Course